



ICAR-CENTRAL INSTITUTE OF TEMPERATE HORTICULTURE

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PRESS RELEASE

The ICAR- Central Institute of Temperate Horticulture located at Old Air Field, Rangreth, Srinagar (J&K) celebrated National Sports Day from 23rd to 29th August 2023 to inculcate the sportsmanship in everyone and making life healthy and happy to improve the output at work place.

On this occasion, the employees took the pledge in letter and spirit for sport activities for the overall development of the human kind and several activities were organized for men and women like race, badminton, carrom, chess, volleyball, cricket and tug of war.

On 29th August 2023, winners were complimented with medals, trophies and certificates. The function was graced by the Chief Guest Shri Choudhary Mohammad Iqbal, Director, Department of Agriculture Production & Farmers Welfare Kashmir, Govt. of Union Territory of Jammu & Kashmir and Guest of Honour, Shri Majid Dhar, In-charge J&K Cricket Association, Srinagar (J&K). Both the guests are very good sport persons, who very clearly emphasized the benefits of the sports in daily life of the people in general and for sound health and physique in particular. They stressed upon for improvement in the sport standards among the players through creation of sports facilities through institutional support and assistance from the Ministry of Sports for creation of sports infrastructure specifically indoor games keeping in view the cold climatic conditions during winters in Kashmir valley. The Director, ICAR-CITH, Srinagar Dr. M. K. Verma presided over the function and also motivated the employees to play and work for healthy life and improving happiness index under stressful life in Kashmir conditions. He apprised the officers/ officials of ICAR-CITH, Srinagar that participation in sports is useful for the physical and mental health. He urged all the employees to take part in different indoor/ outdoor sports on regular basis. The week-long program was coordinated by Dr. Muneer Ahmad Sheikh, In-charge Sports activities and successfully conducted all the activities with zeal and enthusiasm.



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Sd/-
I/c Administrative Officer
For Director